

<b>SENIOR MEN</b>	<b>Races</b>	<b>Cat</b>	<b>Best</b>
Chris Discombe	2	SM	15.47
Lee Aherne	7	M40	16.14
Phil Cook	2	SM	16.19
Stuart Crees	15	SM	16.24
Calum Cheshire	11	SM	16.29
Victor Vinyals	3	SM	16.29
Richard Wilder	28	SM	16.30
David Williams	3	SM	16.36
Nick Dukes	15	SM	16.43
Mark Palser	9	SM	16.55
Julian Baker	2	M40	16.56
Phil George	7	SM	16.56
Mark Cason	2	SM	17.10
Richard Bullen	4	M40	17.15
Lyndon Tudor-Maisey	2	SM	17.29
Jamie Nutt	1	SM	17.40
Rob Sage	9	SM	17.40
Stuart McIlroy	18	SM	17.40
David Headon	6	M40	17.47
Dave Coles	4	M40	17.49
Mick McGeoch	7	M50	17.51
Richard Self	12	M40	17.56
Gareth Morgan	1	SM	17.57
Martin Williams	8	M40	17.57
Matthew Hurford	6	SM	18.18
Mick Tabor	14	M50	18.19
Eero Keranen	4	M50	18.21
Adam Morton	10	SM	18.23
Paul Coker	5	M50	18.24
Elio Lepore	16	M50	18.27
Sandy Johnston	14	M60	18.27
Ben Pitman	7	SM	18.31
Nick Rees	1	M50	18.31
Ben Farag	3	M40	18.35
Rob Jones	3	M50	18.40
Paulo Simoes	23	SM	18.42
Rob Scott	1	SM	18.51
Brian Richardson	4	M50	18.53
Peter Kellam	1	M40	18.53
Matt Townsend	1	SM	18.54
Andy Cleves	6	SM	18.55
Shayne Sawyers	4	SM	18.55
Jerry Cleall-Harding	3	M50	18.57
Shaun Connor	25	M40	19.01
John Diffey	18	M40	19.04
Rob Evans	5	M50	19.04
David Proud	13	M40	19.06
Clive Osmond	1	M40	19.08
John O'Shea	2	M50	19.10
Simon Nurse	1	SM	19.14
Gerry Crispie	7	M40	19.18

Alun Jones	9 SM	19.20
Dave Price	4 M40	19.20
Scott Hemmens	9 SM	19.22
Mike Murphy	5 M50	19.26
Wouter Poortinga	1 SM	19.26
Andrew Russell	4 SM	19.34
Terry Caveney	5 M40	19.43
Paul Morris	17 M50	19.46
Brendan Jones	2 M40	19.47
David Lloyd	1 M40	19.50
Richard Boon	4 M40	19.51
Nick Williams	32 M40	19.52
Kellinu Portelli	4 M40	19.53
Richard Sewell	20 M50	19.56
Steve Owen	6 M50	20.00
John Magee	2 M40	20.01
Martin Pinnell	13 M50	20.10
Mike Davies	3 M50	20.10
Stephen Alexander	4 M40	20.15
Marcus Coles	1 SM	20.16
Graeme Donnan	7 M50	20.19
John Plain	7 M60	20.30
Alan Mason	3 M40	20.42
James Horner	1 SM	20.48
David Miller	3 M50	20.50
Alan Mann	8 M50	20.56
Tim O'Sullivan	1 M50	21.02
Martin Peters	1 M40	21.04
Jeff Aston	12 M60	21.11
David E Williams	2 M40	21.14
Andy Mundy	2 SM	21.28
Frank Williams	10 M50	21.46
Rod Perons	1 SM	21.56
Tim Cummings	1 SM	22.00
Karl Johns	1 SM	22.03
David Furness	7 SM	22.10
Steve B Lewis	1 M50	22.10
Gary Bodman	2 M40	22.12
Michael Rossiter	4 M50	22.13
Dave Weeden	6 M40	22.14
David McDonald	4 M40	22.27
Alex Bullen	1 SM	22.29
Des Davies	29 M50	22.37
Stephen Williams	2 M50	22.41
Alun Williams	3 SM	22.42
Richard Crawford	11 M50	23.13
Chris Morgan	4 M40	23.20
Richard Barlow	4 M40	23.30
Howard Brown	3 M60	23.33
Mel James	1 M60	23.36
Joel Bullen	1 SM	23.39
Mark Farrar	1 M40	23.41

Ralph Davey	4 M60	23.50
Mark Engstrom	3 M40	25.39
Geoff Wright	13 M50	26.18
Tony Dorsett	44 M60	26.48
Gary Pashley	1 M60	26.58
Errol Alexis	31 M70	27.01
Bill Fear	2 M40	27.19
Alan Bladen	14 M70	27.21

**MEN OVER 40**

**Races Cat Best**

Lee Aherne	7 M40	16.14
Julian Baker	2 M40	16.56
Phil Cook	2 M40	17.07
Richard Bullen	4 M40	17.15
David Headon	6 M40	17.47
Dave Coles	4 M40	17.49
Mick McGeoch	7 M50	17.51
Richard Self	12 M40	17.56
Martin Williams	8 M40	17.57
Mick Tabor	14 M50	18.19
Eero Keranen	4 M50	18.21
Paul Coker	5 M50	18.24
Elio Lepore	16 M50	18.27
Sandy Johnston	14 M60	18.27
Nick Rees	1 M50	18.31
Ben Farag	3 M40	18.35
Rob Jones	3 M50	18.40
Peter Kellam	1 M40	18.53
Brian Richardson	4 M50	18.53
Jerry Cleall-Harding	3 M50	18.57
Shaun Connor	25 M40	19.01
John Diffey	18 M40	19.04
Rob Evans	5 M50	19.04
David Proud	13 M40	19.06
Clive Osmond	1 M40	19.08
John O'Shea	2 M50	19.10
Gerry Crispie	7 M40	19.18
Dave Price	4 M40	19.20
Mike Murphy	5 M50	19.26
Terry Caveney	5 M40	19.43
Paul Morris	17 M50	19.46
Brendan Jones	2 M40	19.47
David Lloyd	1 M40	19.50
Richard Boon	4 M40	19.51
Nick Williams	32 M40	19.52
Kellinu Portelli	4 M40	19.53
Richard Sewell	20 M50	19.56
Steve Owen	6 M50	20.00
John Magee	2 M40	20.01
Mike Davies	3 M50	20.10
Martin Pinnell	13 M50	20.10
Stephen Alexander	4 M40	20.15
Graeme Donnan	7 M50	20.19

John Plain	7 M60	20.30
Alan Mason	3 M40	20.42
David Miller	3 M50	20.50
Alan Mann	8 M50	20.56
Tim O'Sullivan	1 M50	21.02
Martin Peters	1 M40	21.04
Jeff Aston	12 M60	21.11
David E Williams	2 M40	21.14
Frank Williams	10 M50	21.46
Steve B Lewis	1 M50	22.10
Gary Bodman	2 M40	22.12
Michael Rossiter	4 M50	22.13
Dave Weeden	6 M40	22.14
David McDonald	4 M40	22.27
Des Davies	29 M50	22.37
Stephen Williams	2 M50	22.41
Richard Crawford	11 M50	23.13
Chris Morgan	4 M40	23.20
Richard Barlow	4 M40	23.30
Howard Brown	3 M60	23.33
Mel James	1 M60	23.36
Mark Farrar	1 M40	23.41
Ralph Davey	4 M60	23.50
Mark Engstrom	3 M40	25.39
Geoff Wright	13 M50	26.18
Tony Dorsett	44 M60	26.48
Gary Pashley	1 M60	26.58
Errol Alexis	31 M70	27.01
Bill Fear	2 M40	27.19
Alan Bladen	14 M70	27.21
<b>MEN OVER 50</b>	<b>Races Cat</b>	<b>Best</b>
Mick McGeoch	7 M50	17.51
Dave Coles	2 M50	18.00
Mick Tabor	14 M50	18.19
Eero Keranen	4 M50	18.21
Paul Coker	5 M50	18.24
Elio Lepore	16 M50	18.27
Sandy Johnston	14 M60	18.27
Nick Rees	1 M50	18.31
Rob Jones	3 M50	18.40
Brian Richardson	4 M50	18.53
Jerry Cleall-Harding	3 M50	18.57
Rob Evans	5 M50	19.04
John O'Shea	2 M50	19.10
Mike Murphy	5 M50	19.26
Paul Morris	17 M50	19.46
Terry Caveney	3 M50	19.51
Richard Sewell	20 M50	19.56
Steve Owen	6 M50	20.00
Mike Davies	3 M50	20.10
Martin Pinnell	13 M50	20.10
Graeme Donnan	7 M50	20.19

John Plain	7 M60	20.30
David Miller	3 M50	20.50
Alan Mann	8 M50	20.56
Tim O'Sullivan	1 M50	21.02
Jeff Aston	12 M60	21.11
Frank Williams	10 M50	21.46
Steve B Lewis	1 M50	22.10
Michael Rossiter	4 M50	22.13
Des Davies	29 M50	22.37
Stephen Williams	2 M50	22.41
Richard Crawford	11 M50	23.13
Howard Brown	3 M60	23.33
Mel James	1 M60	23.36
Ralph Davey	4 M60	23.50
Geoff Wright	13 M50	26.18
Tony Dorsett	44 M60	26.48
Gary Pashley	1 M60	26.58
Errol Alexis	31 M70	27.01
Alan Bladen	14 M70	27.21

**MEN OVER 60**                      **Races Cat Best**

Sandy Johnston	14 M60	18.27
John Plain	7 M60	20.30
Jeff Aston	12 M60	21.11
Howard Brown	3 M60	23.33
Mel James	1 M60	23.36
Ralph Davey	4 M60	23.50
Des Davies	1 M60	24.11
Tony Dorsett	44 M60	26.48
Gary Pashley	1 M60	26.58
Errol Alexis	31 M70	27.01
Alan Bladen	14 M70	27.21
Geoff Wright	8 M60	27.24

**MEN OVER 70**                      **Races Cat Best**

Errol Alexis	31 M70	27.01
Alan Bladen	14 M70	27.21

**SENIOR WOMEN**                      **Races Cat Best**

Katie Beecher	12 SW	18.52
Jessica Parry-Williams	1 SW	18.58
Libby O'Duffy	6 W35	19.19
Jen Salter	19 W35	19.27
Ruth Tyler	1 SW	19.37
Cheryl Hudgell	8 SW	20.02
Maria Zubizarreta	7 W35	20.06
Jane Coker	5 W45	20.07
Liz Ashton	10 SW	20.35
Marcia Migay	5 SW	20.47
Claire Beatty	6 SW	20.50
Cath Tailby	3 W35	21.10
Jenny Hughes	6 SW	21.16
Loretta Daley	20 W35	21.22
Gill Kellam	2 W45	21.25
Yvonne Bullen	5 W45	21.35

Wendy Boon	4 W45	21.44
Julie Scholey	8 W45	21.51
Joanne Tucker	2 SW	22.12
Julie Lewis	2 W45	22.27
Sian Evans	3 W35	22.32
Jennifer Topalian	2 SW	22.47
Sara Keranen	3 W45	23.08
Sara MacBride-Stewart	2 W35	23.29
Sarah McCarthy	1 W35	23.31
Caroline Dallimore	2 W45	23.52
Jemma Nurse	6 W35	24.23
Gillian McCue	8 SW	24.26
Aelwen Blythe	4 SW	24.29
Clare Johnson	7 W55	24.43
Hannah Davies	5 SW	24.44
Sasha Macken	3 SW	25.47
Annie Conroy	4 W55	26.02
Sarah Dawes-Clark	5 SW	26.15
Linda Jensen	2 W45	26.22
Gillian Murphy	3 W55	26.36
Lorna Mackintosh	3 SW	26.57
Jo Gamba	11 SW	26.59
Mal Rowson	3 W55	27.40
Anne Donald	9 W55	27.43
Carys Davies	2 W35	28.08
Gwenno Williams	8 W45	28.27
Sandra Caveney	3 W45	29.17
Kerry Francis	7 W45	29.30
Maria Carr	4 SW	31.08
Eirian Arwyn	37 W55	31.15
Christine Faulkner	3 W35	31.40
<b>WOMEN OVER 35</b>	<b>Races Cat</b>	<b>Best</b>
Libby O'Duffy	6 W35	19.19
Jen Salter	19 W35	19.27
Maria Zubizarreta	7 W35	20.06
Jane Coker	5 W45	20.07
Cath Tailby	3 W35	21.10
Loretta Daley	20 W35	21.22
Gill Kellam	2 W45	21.25
Yvonne Bullen	5 W45	21.35
Wendy Boon	4 W45	21.44
Julie Scholey	8 W45	21.51
Julie Lewis	2 W45	22.27
Sian Evans	3 W35	22.32
Sara Keranen	3 W45	23.08
Sara MacBride-Stewart	2 W35	23.29
Sarah McCarthy	1 W35	23.31
Caroline Dallimore	2 W45	23.52
Jemma Nurse	6 W35	24.23
Clare Johnson	7 W55	24.43
Annie Conroy	4 W55	26.02
Linda Jensen	2 W45	26.22

Gillian Murphy	3	W55	26.36
Mal Rowson	3	W55	27.40
Anne Donald	9	W55	27.43
Carys Davies	2	W35	28.08
Gwenno Williams	8	W45	28.27
Sandra Caveney	3	W45	29.17
Kerry Francis	7	W45	29.30
Eirian Arwyn	37	W55	31.15
Christine Faulkner	3	W35	31.40

**WOMEN OVER 45      Races   Cat      Best**

Jane Coker	5	W45	20.07
Gill Kellam	2	W45	21.25
Yvonne Bullen	5	W45	21.35
Wendy Boon	4	W45	21.44
Julie Scholey	8	W45	21.51
Julie Lewis	2	W45	22.27
Sara Keranen	3	W45	23.08
Caroline Dallimore	2	W45	23.52
Clare Johnson	7	W55	24.43
Annie Conroy	4	W55	26.02
Linda Jensen	2	W45	26.22
Gillian Murphy	3	W55	26.36
Mal Rowson	3	W55	27.40
Anne Donald	9	W55	27.43
Gwenno Williams	8	W45	28.27
Sandra Caveney	3	W45	29.17
Kerry Francis	7	W45	29.30
Eirian Arwyn	37	W55	31.15

**WOMEN OVER 55      Races   Cat      Best**

Clare Johnson	7	W55	24.43
Annie Conroy	4	W55	26.02
Gillian Murphy	3	W55	26.36
Mal Rowson	3	W55	27.40
Anne Donald	9	W55	27.43
Eirian Arwyn	37	W55	31.15