

Friday 15 January, 7.00 for 7.30 pm
The Gate, Keppoch Street, Roath
www.thegate.org.uk

Les Croupiers

January Jolly

3-course Dinner and Disco
£17.50



Menu

Starter

Homemade Carrot & Fresh Coriander Soup
Served with croutons & crusty bread
Spinach & Lentil Soup

Main

Home Made Beef & Vegetable Stew
Tender beef pieces with onions and seasonal
vegetables

or

Vegetable Moussaka with aubergines and seasonal
vegetables in a cheese sauce

Dessert

Chocolate Fudge Cake or Apple Pie with Custard

Coffee

Please send cheques payable to Les Croupiers Running
Club to Clare Johnson, 15 Cornwall Street,
Cardiff CF11 6PL by 8 January 2010